



LAMA BOOKS 2012 CATALOG

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INDOOR ENVIRONMENT TECHNICIAN'S (IET) LIBRARY

Our IET library offers the books that help you learn what you need to master any HVAC job situation and insure your HVAC success.

- Easy-to-understand
- No technical jargon
- Problem solving tips
- Job-based training
- HVAC principles and short cuts
- Review items and answers
- Supervisor's Guides (4 titles)

Leo Meyer, IET library author, is a top HVAC expert and former sheet metal journeyman who has written over 50 books for the HVAC industry, including the apprentice books for the Sheet Metal Union training fund for thirty years. Former Dean of Occupational Programs and HVAC instructor. He has always been interested in sharing what he has learned and taking complex topics and making them easily understood.

The IET library series now has **GREEN** books

Prices are subject to change

Airflow in Ducts

By Leo A. Meyer

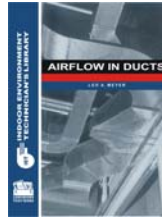
122 Pages, 6 x 9 softcover

ISBN 978-0-88069-018-8

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Supervisor's Guide \$15 plus CA tax and shipping

On CD \$31



Understand how airflow works. Practical explanations you can use on the job, covering static pressure, velocity pressure, total pressure, dynamic loss and friction losses. Learn how to size duct and how duct sizes and fittings affect airflow. Easy-to-use equations.

Airflow in Ducts PowerPoint Presentation

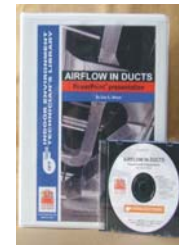
By Leo A. Meyer

62 Pages, 8.5 x 11 binder

ISBN 978-0-88069-047-8

\$50 plus CA tax and shipping

\$70 plus CA tax and shipping – Comes with **Airflow in Ducts** book



This PowerPoint presentation has eight separate lesson packages that let you give a very effective, easy-to-understand program on airflow in ducts. The accompanying binder for the instructor helps you make your students active participants in learning, not just passive observers. It includes:

- **Instructor notes** for each PowerPoint slide, with items to discuss and questions and problems for students. Answers are included.
- **Reproducible Review** for each lesson that can be used as group exercise or a test.
- **Answers to the Review items.** Where calculations are required, the complete calculation is included for reference.
- **Reproducible handouts** with reference material for some lessons.
- **Reproducible list of equations** used in the presentation for student reference.

The Green Energy Management Book

By Leo A. Meyer

178 Pages, 6 x 9 softcover

ISBN 978-0-88069-053-9

\$38.75 plus CA tax and shipping



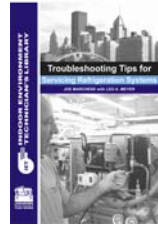
Use this easy-to-use guide to become a specialist in the green movement. Learn how to market and sell services, conduct Walk-through Surveys and Energy Audits, master energy bills, calculate savings, and win retrofit work. Valuable work samples included.

Energy Audit Checklists (reproducible)

Nine, 8.5 x 11 pages, \$7.99

Troubleshooting Tips for Servicing Refrigeration Systems

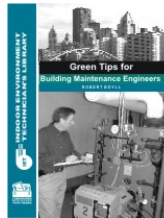
By Joe Marchese with Leo A. Meyer
118 Pages, 6 x 9 softcover
ISBN 978-0-88069-055-3
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This book gives you the troubleshooting tips you need to know to efficiently service, maintain, and repair refrigeration systems. Covers compressors, system components, metering devices, instruments, piping and tubing, refrigerants and oil, ice machines, and servicing.

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By Robert Boyll
154 Pages, 6 x 9 softcover
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Energy saving tips you need to operate commercial or institutional buildings efficiently. Energy saving tips include pumps, motors, boilers, chillers, HVAC system, lighting system, exhaust fans, elevators, parking garage and more.

Variable Air Volume Systems

By Leo A. Meyer
94 Pages, 6 x 9 softcover
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Supervisor's Guide \$15 plus CA tax and shipping



Simple explanations for understanding how VAV systems work. The seven different VAV systems widely used in commercial buildings—cooling-only, reheat, fan-powered, induction, bypass, dual duct, and changeover-bypass. Covers abbreviations and symbols.

Layout for Duct Fittings

By Leo A. Meyer
112 Pages, 6 x 9 softcover
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**THE BEST
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BOOK
AVAILABLE**

The art of layout is not dead. Master any situation with principles and shortcuts few techs know for laying out the patterns for all the common rectangular and round duct fittings and transitions. Easy-to-understand, step-by-step instructions from an experienced layout man.

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By Leo A. Meyer

40 Pages, 8.5 x 11

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Companion workbook for *Layout for Duct Fittings*. Reproducible projects for individual or class use. 23 practice projects in shop ticket form provide valuable professional exercises. The completed patterns are included. Also a group project.

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How to avoid personal injury and costly accidents. Use this important book as a foundation for your OSHA-required shop safety program, and as a reference, reminder and guide. Covers safety with electrical equipment, fans, piping, sheet metal, construction, ladders, hoisting, hazardous materials, and more. Safety checklist included.

Indoor Air Quality

By John Berggren. Edited by Leo Meyer

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How to make an IAQ survey. Air contaminants and IAQ problems in the HVAC system. Finding solutions to air quality problems. Forms and checklists for HVAC system evaluation.

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Practical knowledge for fans and V-belts. Learn to easily calculate fan speed to get the CFM you want. How to change V-belts properly and safely. Fan problems and maintenance. Pitch diameter, nominal length, pitch length, and belt horsepower.

HVAC Technician's Handbook

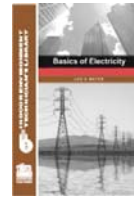
By Leo A. Meyer 112 Pages, 6 x 9 softcover
ISBN 978-0-88069-031-7
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Handy reference for hydronics, airflow, heat transfer, and electrical systems/motors. Rules of thumb to determine if systems and components are operating in a safe range. Identifies sources of problems. Values and conversions. For everyone in HVAC industry.

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No-hassle math for HVAC. If you found math difficult, we make it easy. Only the math you need on the job. Measurement, fractions and decimals, squares, cubes and roots, ratio and proportion, area, volume, angles and triangles.

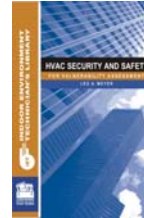
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Make your HVAC system as secure and safe as possible by identifying high-risk areas in your building. Conduct a vulnerability assessment of any building's HVAC system and evaluate retrofit possibilities. Covers contaminants, blackouts, terrorism, and more.

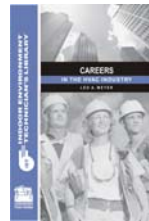
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An additional 20,000 technicians and installers are needed each year to work in the multi-billion dollar HVAC industry. A guide to planning your HVAC career, understanding the wide range of great-paying opportunities.

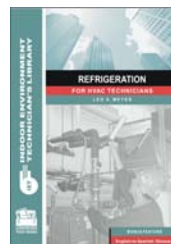
Refrigeration for HVAC Technicians

By Leo A. Meyer

88 Pages, 6 x 9 softcover

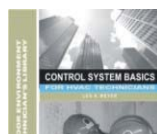
ISBN 978-0-88069-035-5

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How refrigeration works and how it fits into HVAC systems. For HVAC techs, building operators and sheet metal workers. The basic principles of refrigeration, chillers and compressors, and refrigeration components. Tips for spotting sources of problems.

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By Larry Gardner with Leo A Meyer
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ISBN 978-0-88069-039-3
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On CD \$31



Invaluable tips on installing duct, panning, hangers and supports, takeoffs and connections, field modifying duct, and using drive cleats

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By Leo A Meyer
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On CD \$31



The easy way to understand how DDC works with HVAC systems and the DDC savvy you need to master new methods for troubleshooting and maintaining HVAC systems. Boosts your career possibilities—painlessly builds on your mechanical knowledge and understanding of HVAC systems. Get the basics of how controls work with *Control System Basics for HVAC Technicians*. Step-by-step troubleshooting chapter.

HVAC Spanish

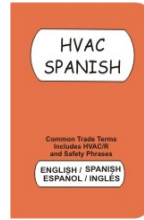
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English to Spanish and Spanish to English.



This pocket size book assures easy communication with spanish speaking people. The book contains 85 pages and over 1300 commonly used HVAC and HVAC/R terms, including **safety phrases**. Terms are translated from English to Spanish and from Spanish to English. This easy on-the-job reference will help any employer more thoroughly train workers, increasing employee morale and productivity, reducing callbacks, and preventing job site injuries.

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This pocket size book assures easy communication with spanish speaking people. The book contains 148 pages and over 1800 commonly used Plumbing terms, including **safety phrases**. Terms are translated from English to Spanish and from Spanish to English. This easy on-the-job reference will help any employer more thoroughly train workers, increasing employee morale and productivity, reducing callbacks, and preventing job site injuries.

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By Leo A. Meyer

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By Robert Boyll

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How to organize and manage procedures and work for building maintenance. Includes many checklists and maintenance schedules. Risk management preventive measures. How to analyze utility data. Maintaining good tenant relations. Trouble-shooting temperature complaints.

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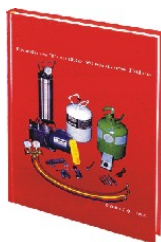
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Technician Certification for Refrigerants
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Understanding Psychrometrics

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Residential Construction Academy: Basic Principles for Construction
Residential Construction Academy: Carpentry
Residential Construction Academy: Electrical Principles
Residential Construction Academy: HVAC
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Residential Construction Academy: Plumbing
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Understanding Electricity & Wiring Diagrams

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Duct Board Fabrication Concepts
Fibrous Glass Duct Construction Standards
Fibrous Glass Duct Liner Standards
Fibrous Glass Residential Duct Construction Standards

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Forced Hot Air Furnaces—Troubleshooting and Repair
Heating Boiler Operator's Manual
Medium and High Efficiency Gas Furnaces
Residential Oil Burners

Green Energy Management

ASHRAE Green Guide
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Refrigerant Transition & Recovery Certification Program Manual for Technicians

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Systems
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Asphalt Fumes and Other Proposition 65 Exposures (DVD) (Eng/Sp)
Asphalt Fumes Exposure DVD set (Eng/Sp)
Driver Safety: Keep Your Edge DVD set (Eng/Sp)
Electrical Safety: Nighttime Safety and Sheet Metal (DVD) (Eng/Sp)
Fall Protection: It's About Time (DVD) (Eng/Sp)
Fire Safety, Hot Times (DVD) (Eng/Sp)
Hazard Communication, Personal Protective Equipment (DVD) (Eng/Sp)
Safety Awareness, Jobsite Safety and Water Damage (DVD) (Eng/Sp)
Safety for the Indoor Environment Technician (IET)
Scaffold Safety DVD Set (DVD) (Eng/Sp)
Steep Slope Roofing Safety (DVD) (Eng/Sp)
Universal R-410A Safety and Training
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Sheet Metal
Sheet Metal Answer Key

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Elite's CHVAC 10 Zone
Elite's CHVAC 50 Zone
Elite's CHVAC 100 Zone
Elite's CHVAC Unlimited Zones

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Elite's Energy Audit with Appliances
Elite's Energy Audit with Appliances & Disaggregation
Elite's Drawing Board
Elite's Manual D Ductsize
Elite's Proposal Maker
Elite's Gas Vent
Elite's IAQ Tools
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Tecnologia de Refrigeracion

Standards and Reference

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ASHRAE Safety Standard for Refrigeration Systems
ASHRAE Standards 15-2004
ASHRAE Standards 62-1-2004
ASHRAE Standards Ventilation for Acceptable IAQ
ASHRAE Handbook—Fundamentals
ASHRAE Handbook—HVAC Applications
ASHRAE Terminology of HVAC & R
Contractor's Survival Guide
DeWalt Electrical Professional Reference
DeWalt HVAC Professional Reference
DeWalt Lighting and Maintenance Reference
Fibrous Glass Duct Construction Standards
Fibrous Glass Duct Liner Standards
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HVAC Equations, Data, and Rules of Thumb
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Airside System Analysis
Forced Hot Air Furnaces—Troubleshooting and Repair
Residential Construction Academy HVAC
System Diagnostics and Troubleshooting Procedures
Troubleshooting & Servicing Heat Pump Systems
Troubleshooting & Servicing HVAC/R Electrical Systems
Troubleshooting & Servicing Modern Air Conditioning and Refrigeration System
Troubleshooting Tips for Servicing Refrigeration Systems (IET)

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Leo A. Meyer

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124 pages

ISBN 978-0-88069-037-9

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Valuable tips for teaching practical subjects to adults. Easy-to-understand principles for a variety of teaching situations—one-on-one, tailgate sessions, project meetings, apprentice classes, vocational and occupational programs, in-service training. A master teacher shares practical teaching techniques.

Seminars! How to Run Successful Seminars

Leo A. Meyer

\$10 plus CA tax and shipping

97 Pages

ISBN 978-0-88069-029-4

7 x 9 softcover



For anyone who has to give a seminar or workshop. Making effective presentations that capture your audience. Organizing the hundreds of details so that the seminar goes smoothly. Setting realistic goals and objectives. Teaching your information. Using visual media effectively. Evaluating your seminar so that you can improve it the next time

2012-2014 Occupational Programs in California Community Colleges

\$35.00 plus CA tax and shipping
192 pages
8.5 x 11 soft cover
ISBN 978-0-88069-038-6



This valuable directory identifies over 5,000 occupational classes in the 112 California Community Colleges. For students or employed adults seeking to upgrade their skills or earn a certificate or associate degree. An excellent reference for students, teachers, counselors, administrators, libraries, vocational advisors and career centers.

THE READING PROGRAM Books A to G

By Amy Awtrey and Carol Markos
\$12 each book, plus CA tax and shipping
8.5 x 11 soft cover
ISBN for set 978-0-88069-007-2



Seven workbooks move in careful steps from basic skills to the most sophisticated skills. Choose the books you or your students need. For classroom, lab, or individual use. **Students can work on their own**, because each lesson has an exercise with answers in the back, so students can see if they need more study. **Teachers can keep track of progress** because they can give a **checkpoint test** at two or three points in the book, and a **final test** when the student has finished the book. Alternate versions of all tests and checkpoints are available.

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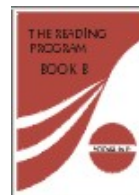
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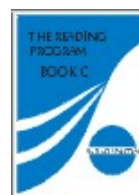
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